

CHAMBERCHANGE

For wherever women are in business

The Chamber Change Team asked our participants about their experiences, aspirations and what they hope to get out of the program. A summary of the responses is included below.

What factors have held you back as a woman in business?

- > Imposter Syndrome
- > Gender Bias in a male dominated industry
- > Lack of female role models to aspire to in my organisation
- > Confidence and being pigeonholed into stereotypical female role
- > Lack of flexibility, trying to juggle parenthood, work, the motherhood mental load
- > Not given the encouragement or opportunities
- > Feeling like I had to know everything and have everything before applying for roles
- > Working as hard as my male colleagues, yet getting paid less
- > Inability to confidently balance it all
- > Lack of access to professional development & networking opportunities



Contact us

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What are your aspirations for the future around your career and how do you think you will achieve these?

- > I would like to put my hand up for more senior positions
- > To continue to seek out opportunities to broaden my experience and learn more
- > Applying for roles where I do not tick all the boxes
- > To keep learning, growing, and listening
- > To learn how to balance my work life and family life
- > Continue to do what I love and expand my business
- > I would like to work with an amazing CEO and be involved in more strategic outcomes
- > Becoming a better leader and inspiring others
- > Developing strategic and commercial thinking capabilities
- > Making some positive changes to areas such as gender equality and diversity



What are you personally hoping to get out of being part of our Chamber Change Program?

- > Building a strong network of likeminded women in business
- > Learning and sharing ideas from others, gaining confidence
- > Become a mentor and Champion to other women in my company
- > Personal & professional development to achieve my career goals
- > Finding the secret to balancing work and personal life
- > Hearing other women's stories and being inspired and motivated
- > Finding an external business mentor

